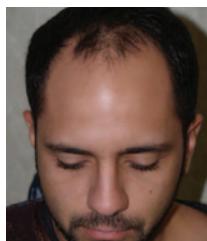




In what is now my 19th year in practice, I'd like to take this opportunity to update my patients and colleagues on my work in facial plastic surgery and surgical hair restoration, the two areas in which I specialize. With continually improving techniques, coupled with my growing experience, results are more natural appearing than ever before. Working within a limited area of the body has allowed me to specialize in a few specific procedures.

## Hair Transplantation for Men and Women - Follicular Unit Grafting

My work in performing over 9,000 hair procedures has earned me world recognition for achieving natural appearing results with the microscopic technique. In a single procedure, 3,000 or more grafts can be transplanted, while patients can watch movies on an iPad or sleep. To perform these transplant procedures properly, I work with a team of 22 full-time hair transplant assistants, each of whom average over 8 years of experience working with me. To address hair issues in women, 6 years ago I established the Women's Center for Hair Loss to provide diagnostic workups, non-surgical solutions including medications and laser light therapy, and specialized hair transplant procedures. Below are examples of the different applications of hair transplantation, additional examples can be viewed at [FoundHair.com](http://FoundHair.com) and [WomensCenterForHairLoss.com](http://WomensCenterForHairLoss.com). These advanced techniques can also be used for restoring eyebrows ([EyebrowTransplantation.com](http://EyebrowTransplantation.com)) and other areas.



One Procedure



One Procedure



One Procedure



One Procedure



One Procedure



Eyebrow



Eyebrow



Beard

## Reparative Hair Procedures - Righting Prior Wrongs

There are still many men wearing hats or hairpieces to conceal the unnatural appearance from poorly performed prior procedures. In addition, especially in women, but also in men, scarring and hairline distortion from prior plastic surgery procedures such as facelifts and browlifts can be repaired with hair transplantation. Utilizing various techniques that I described in articles that have appeared in journals such as *Plastic and Reconstructive Surgery* and *Archives of Facial Plastic Surgery*, significant improvements in naturalness can be achieved, as shown below and at [FoundHair.com](http://FoundHair.com).



Repair Facelift Scarring



One Reparative Procedure



Repair Browlift Scarring



Removal of poorly placed hairline grafts

## Facial Rejuvenation - The Natural Look

In addition to rhinoplasty, the other facial plastic surgery procedures I commonly perform, both primary and reparative, are for facial rejuvenation, and include facelifts, browlifts, necklifts, and eyelid surgery. I utilize a variety of facelift procedures, each customized for the patient's goals, to smooth out jowls, tighten jaw and necklines, and return the youthful volume look to the midface. Addressing sagging eyebrows and heavy eyelids are a variety of browlift and blepharoplasty surgeries. To learn more about these different procedures, most of which can be performed under oral sedation and local anesthesia if the patient prefers that over twilight sedation, please visit [PlasticSurgeryOfTheFace.com](http://PlasticSurgeryOfTheFace.com). Sample photos are below.



Facelift and Quad Blepharoplasty



Mini-Lift Mid Facelift



Facelift and Upper Blepharoplasty



Lower Blepharoplasty



Full Facelift and Hair Transplant



Facelift and Chin Implant

To lower overly high hairlines in women, there are two excellent options- the Surgical Hairline Advancement (SHA) procedure, and hair grafting. SHA advances the hairline by as much as 5 cm, reducing the height of the forehead in a single 90 minute procedure. The second technique, hair grafting, is a less "surgical" procedure and more effective at rounding out the hairline. Examples are shown below and at [WomensCenterForHairLoss.com](http://WomensCenterForHairLoss.com).



Surgical Hairline Advancement



Surgical Hairline Advancement



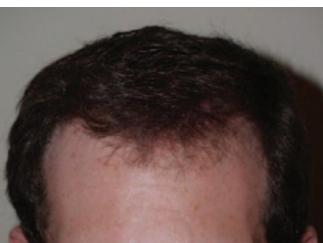
Hairline Advancement with Grafting

## Follicular Unit Extraction - Hair without a Linear Incision

Follicular Unit Extraction (FUE) is a newer hair transplant technique that avoids a linear donor scar, each graft removed with a tiny punch rather than strip. FUE is best in young men who may wish to shave their heads, African-Americans, and those with largely depleted donor hair. Below are examples, with more available for viewing on [FoundHair.com](http://FoundHair.com).



One Procedure

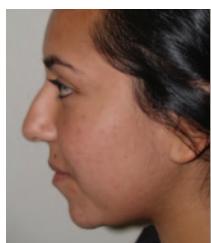


Close up before and after hairline



## Rhinoplasty - Combining Beauty and Function

Being board-certified in facial plastic surgery and otolaryngology, I focus my plastics practice on primary and revision rhinoplasty. My goal is to create a natural appearing nose that is in harmony with the rest of the face. One in four of the rhinoplasty surgeries I perform weekly is reparative. It is particularly important to understand how to make the nose look better and preserve its structure to assure clear breathing passages and long lasting results. Computer imaging assures that patients have realistic expectations and that I understand the patient's goals for surgery.



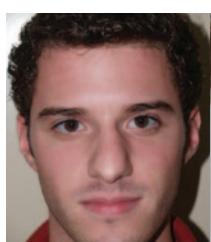
Rhinoplasty



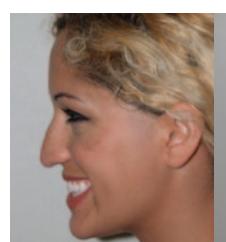
Rhinoplasty



Rhinoplasty



Rhinoplasty



Rhinoplasty



Revision Rhinoplasty

Seeing patients in:  
 Miami, Florida  
 New York City, New York  
 Boca Raton, Florida (Consults)  
 Tampa, Florida (Consults)

Patients can also be seen  
 by FHR surgeons in:  
 Los Angeles, California  
 Aventura, Florida

(305) 666-1774  
 (212) 759-3484  
 (800) 370-2883

FoundHair.com  
 PlasticSurgeryOfTheFace.com  
 WomensCenterForHairLoss.com  
 SouthFloridaRhinoplasty.com  
 EyebrowTransplantation.com

In the past 18 years, Dr. Epstein has treated patients from all 50 United States and over 75 countries throughout the world.

## Join Us in Welcoming Dr. Anthony Bared to the Foundation



Dr. Epstein and Dr. Bared

After 19 years in private practice, in order to meet the growing demand for procedures and to expand what can be offered to patients, Dr. Epstein is proud to announce the addition of Anthony Bared, MD as his first associate. Dr. Bared is a fellowship trained facial plastic surgeon who grew up in Miami, graduating from Belen Jesuit Preparatory High School, then Vanderbilt University, followed by the University of Miami School of Medicine where he was inducted into the esteemed medical honor society AOA. His training was, like Dr. Epstein's, first in Otolaryngology - Head and Neck Surgery at the University of Miami, followed by the awarding of a highly competitive fellowship (one of only 40 nationwide) by the American

Academy of Facial Plastic and Reconstructive Surgery at the University of Illinois-Chicago, where he was mentored by Dr. Dean Toriumi, one of the country's most respected and talented rhinoplasty surgeons. Board certified by the American Board of Otolaryngology-Head and Neck Surgery and board eligible by the American Board of Facial Plastic and Reconstructive Surgery, Dr. Bared has been published and has lectured at various nationwide scientific meetings.

Dr. Bared is a compassionate and talented surgeon, who will not only work with Dr. Epstein, but also bring new procedures to the practice which include:

- Septoplasty and Rhinoplasty – In addition to advanced techniques in cosmetic and reconstructive rhinoplasty, Dr. Bared will accept insurance to perform septoplasty and turbinate work to improve breathing due to a deviated septum, as well as address both medically and surgically other problems with the nose and sinuses
- The full range of injectables. Dr. Bared has expertise with such products as Botox®, Juvederm®, Perlane®, Restylane®, and Sculptra®. He will be actively participating in our weekly "Liquid Thursday" events where our patients can take advantage of discounts and product giveaways
- The treatment of skin cancers and other skin lesions, and the reconstruction/repair of defects and scarring from skin cancer excisions, including that from MOHS surgery
- Fat transfer/augmentation to the face to restore volume
- Fraxel® and other laser skin procedures for restoring skin luster, reducing wrinkles, and tightening lax skin
- Upper and lower eye lid blepharoplasty (cosmetic eyelid surgery)
- Face and neck lifting as well as brow lifting
- Certain otolaryngology procedures, including minimally invasive endoscopy to help diagnose nasal obstruction and other disorders
- Otoplasty for aesthetic ear improvement
- The management and treatment of hair loss in women and men in conjunction with Dr. Epstein. This will also include spearheading the Women's Center for Hair Loss Diagnostic Clinic, offering state-of-the-art diagnosis and treatment - both medical and surgical- of hair loss in women

You can learn more about Dr. Bared at [FacialPlasticSurgeryMiami.com](http://FacialPlasticSurgeryMiami.com). To make an appointment with Dr. Bared, please call the office (305) 666-1774 or email [info@fhrps.com](mailto:info@fhrps.com).

## Keeping up with Addison

Now a teenage girl, Addison first came to me 6 years ago, with significant scalp scarring from a prior burn. As part of the nationwide organization **Operation Restore**, Addison's surgery was provided *pro bono*. Seeing these pictures of a normal happy teenager is heartwarming.

